

LIFE STORY ONLINE PROGRAM



Everyone has a story worth telling. Capture and preserve yours to share with family and friends.



- **Meet with a volunteer online.**
- **Sessions last up to an hour over 6-10 catch ups.**
- **You retain full ownership of your story.**
- **You can include photos and other personal materials in the book.**
- **Stories are recorded, transcribed and verified with you.**
- **After final edits, MND Victoria prints the book and provides a digital copy.**
- **This program is free for you to access.**

This service is provided in partnership with

mnd Victoria



SOCIAL CHAT ONLINE PROGRAM



Create a connection through conversation and shared interests.

- **Meet with a volunteer online or catch up over a phone call.**
- **Decide how often you want to catch up during your introductory meeting.**
- **Chat about anything and everything.**
- **Continue the connection for as long as your wish.**

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